North Carolina State Laboratory of Public Health (NCSLPH)
Packaging & shipping instructions for blood lead

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**Maximum volume allowed:** 50 ml per NCSLPH shipping container

**Supplies needed:**

1. NCSLPH Blood Lead/Prenatal shipping container with green NCSLPH shipping label
   **NOTE:** For shipping by US Postal Service, order the box shipping container
   For shipping by NC Courier System, order the can shipping container

   **Manila-type or padded envelopes are NOT appropriate shipping containers**

2. Securely sealed and labeled primary container (EDTA capillary tube/venous tube)
3. Cushioning and absorbent material*

*Not provided by NCSLPH

4. Leak-proof secondary container (zip-type baggie) with attached biohazard label*

5. Completed requisition form for each specimen (Printed from our website)

**Packaging Instructions:**

1. Place the capillary tube or venous tube labeled with unique identifiers in a leak-proof zip type baggie marked with a biohazard symbol.
2. Place enough absorbent material (to soak up all of the liquid) inside the zip type baggie. (paper towels, tissues, etc.)
3. Place the zip type baggie into the outer shipping box/can (with green label).
4. Place enough cushioning material to hold the zip type baggie securely during transit.
5. Place requisition forms inside the box/can. (But NOT inside the zip type baggie with the specimens)
6. Seal the box/can. (Make sure the green NCSLPH shipping label is attached).
7. Place your return address label on the outside of box/can.

If you have any questions about packaging specimens for transport or Blood Lead testing at the NCSLPH, please call Kate Mason, Blood Lead Supervisor at 919-807-8878. Information is also available on the NCSLPH website, [http://slph.ncpublichealth.com](http://slph.ncpublichealth.com)

NCSLPH

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